



JOHN C. FREMONT DAYS, INC | JULY 10-11-12, 2026

Presented by Rise & Shine Donuts

RISE & SHINE APPLE FRITTER EATING CONTEST

Saturday, July 11 | 9:30am | Midland University Green Space

GUIDELINES:

- Limited to the first 24 per division total of 72 entries that are received.

There are 3 Age Divisions:

- Age 10 and under (age as of July 1st 2026)
 - Ages 11-16 (age as of July 1st 2026)
 - Ages 17+ (age as of July 1st 2026)
- Children 15 and under must be accompanied by an Adult or Guardian*

Contest Set Up:

- Total entrants of 24 per division, 3 heats per division (8 per heat)
- *Championship round 6 per division consisting of winner from each heat (3 spots), then next 3 fastest overall times

*Champions will receive:

- -10 and under division - 1 FREE dozen donuts a week for a year
- -11-16 division - 1 FREE dozen donuts a week for a year
- -17+ division - 1 FREE dozen donuts a week for a year



2026 Rise & Shine Apple Fritter Eating Contest Entry Form

Full Name: _____ Age: _____

Parent/Guardian's Full Name: _____
(If participant is 18 and under)

Address: _____

Phone: _____

Email: _____

Entries submitted no later than July 9th, 2026. Mail entry form:
John C Fremont Office, PO Box 966, Fremont NE 68026

Participants agree to indemnify and hold John C. Fremont Days, Rise & Shine Donuts harmless from and against any and all claims, actions, damages, liability in connection with personal injury, death, property damage, or otherwise, arising from any act or omission of participants, its agents, employees, servants, guests, or licensees.

Participants Signature: _____ Date: _____
(Signature of Adult/Parent/Guardian who will accompany 18 and under during contest)